



---

## CARIBOU AZORES

### Portrait Regula Waltenspuel

Early on, at a young age, I had a very curious mind to experience the world through extended stays – resulting in living for 3 years in Australia and the US – becoming a creative explorer in education, work, personal life, culture, language and travel.

After three decades in various positions at the World Economic Forum, I am glad to now continue offering my experiences to society in a different form with Caribou Azores, a non-profit association registered in Switzerland. In this valuable time with the Forum, I have had the privilege of experiencing and contributing to the potential of enlightened leadership, community building and consistently look at different perspectives to address a question, issue or challenge with the objective to seek sustainable solutions. At the same time, I also observed perhaps some missed opportunities.

As an avid reader, over decades I have self-taught on a treasure trove of experiences about the five human core capacities, spiral dynamics, wellbeing, health/illness, passing into another dimension, how to make sense of the time before/after and shaping it meaningfully. I am now excited to make this “Swiss army knife” of experiences available to people who are inclined towards profoundness as well as authenticity and modesty, in order to enable them to have targeted transformative experiences in harmony with their life situation.

The Azores, with its physical remoteness, offer space for an (inner) serenity that I could hardly find anywhere else during my numerous extended journeys through continents and cultures. The island of São Miguel, in the heart of the Atlantic Ocean, where the beauty of nature is omnipresent and the energy of the earth is tangible and palpable, awaits you!

The meaning I picked,  
the one that changed my life:  
overcome fear,  
behold wonder

Richard Bach

**Creative explorers!**

[www.caribou-azores.ch](http://www.caribou-azores.ch)